



PEWS NEWS

Trinity United Church, Listowel

July 2022

Summer Worship Plans

Worship in July will be at Trinity (230 Barber Ave N., Listowel) at 10 a.m.

- July 3 – “Humble not humiliated”
- July 10 – Guest Worship Leader: Angie Lannin
- July 17 – Guest Worship Leader: Gloria Wilbee
- July 24 – Guest Worship Leader: Wendy Smith
- July 31 – Guest Worship Leader: Gloria Wilbee

Worship in August will be at Atwood (131 John St., Atwood) at 10 a.m.

- August 7 – Guest Worship Leader: Wendy Smith
- August 14 – “I wish faithfulness was easier”
- August 21 – “Beyond our excuses”
- August 28 – “Living in love”

In the interests of rest and renewal, Beth is taking a full month of vacation this summer from Friday, July 8 until Sunday, August 7 inclusive. Pulpit supply is organized for the 5 Sundays (see separate articles about worship plans in the newsletter for details). For pastoral emergencies during this time period, please contact either church office or a local funeral home to be connected with another local minister who is available at the time of your need or consult the chart below:

Minister’s Name	Dates Available	Contact Information
Gail Clarkson	July 11 to 20	gclarksondm@wightman.ca
	July 26 to August 7	519-510-9796 (text or phone)
Lynda Goy-Flint	July 8 to August 7	revldgf@gmail.com
		709-682-8756 (text or phone)
Bonnie Holliday	July 8 to July 17	rev.bonnie@arthurunitedchurch.ca
		bvholliday12@hotmail.com 519-323-3071 (home) 519-321-1425 (text)
Mark Laird	July 8 to July 21	lairdmark24@yahoo.ca
		519 217 6637 (text or phone)
Sheryl Spencer	July 19 to August 7	rev@wightman.ca
		519-362-5179 (text or phone)

Why are frogs always so happy?????
(keep reading to find the answer)



230 Barber Ave. N.
Listowel, ON N4W 1R7
www.trinityunited.ca
bethkerrdm@gmail.com Rev Beth
donnatucwightman.ca church office
204-872-2370 Rev. Beth
519-291-3460 church office



Trinity United Church Listowel

Pictures from our
Reunion Service,
June 19, 2022 at the
Memorial Pavilion.





Embracing Intentional Recovery

After all the curve balls of the last few years, I pray that we are entering the recovery phase of the COVID-19 pandemic. None of us knows for sure what fall/winter (or even summer) might hold but there are some signs that the crisis phase of this whole ordeal may be ending. Let's hope so.

Yet, it is important to remember that this has been a prolonged crisis, lasting over two years. Just about everything has been impacted: family, friendships, church, community, work, school, leisure activities and, in many cases, our very sense of ourselves. Some of us have faced extra challenges along the way that have been made harder by the pandemic.

Is it any wonder that many of us are not feeling at our best these days? Pandemic stress can show up in many different ways – exhaustion, less creativity, irritability, resentment, difficulty making decisions, anxiety, compulsive busyness, forgetfulness, grief, tension, lack of joy, numbing behaviours and much more. We may see some of these impacts of the pandemic in ourselves and our loved ones as well as in our community and society as a whole. In order to be able to bring our best selves to the world, we need recovery time. Embracing intentional recovery can help us to process what we have experienced over the past two and half years, learn the wisdom it may have to offer us, and to restore ourselves in body, mind and soul to be open to wherever the Spirit may lead in the coming weeks and months.

This summer, I want to invite us to make space for recovery. Even if the pandemic throws us another challenge, we will be better able to respond if we allow ourselves to embrace intentional recovery this summer. Unless one of you has a way to control virus mutation or transmission, there is not much we can do at the moment to control what will happen in the fall, but we can make choices that will help us nurture our own spiritual well-being so we have some reserves to face whatever may come. Similarly, if things go well in the fall, taking time now to focus on recovery can help us to be ready to embrace new possibilities with energy and creativity.

So then, what does our faith say about recovery? Here's a few things I plan to keep in mind this summer.

Rest – Our faith tradition has a long history of valuing rest. According to Genesis 1, for six days, God worked at creation and “God blessed the seventh day and made it holy, because on it God rested from all the work of creation” (Genesis 2: 3). Rest is holy. Psalm 23 reminds us: “God makes me lie down in green pastures; God leads me beside still water; God restores my soul”. Don't feel guilty taking time to do things which are restful and restorative for you. Sometimes resting is the most faithful thing we can do.

Have fun – Jesus said “I came that they may have life and have it abundantly” (John 10:10). What do you love to do? When do you lose track of time while doing something? What makes your life feel abundant? Make time and space for that this summer. Remember that joy is one of the fruits of the Spirit (Galatians 5:23).

Connect – Connecting with others has been challenging during the pandemic. Yet, simply being with people doesn't always amount to real soulful connection either. Be intentional about connecting and reconnecting with others this summer. While we often apply this wisdom to worship, I think Jesus' teaching here applies to all life: “where two or three are gathered in my name, I'm there with them.” (Matthew 18: 20). When we really connect with others whether that's at play or rest or work or home or church, then we sense God's presence amongst us. Make space for real connection this summer.

You are not alone if you are just not feeling fully yourself these days. Give yourself a break, this pandemic has been hard. It's not self-indulgent to care for yourself with love and tenderness. We've all been through a challenging time. Make space in your life for recovery this summer.

Trinity Men's Fellowship will be holding its first monthly meeting for 2022-2023 on Wednesday, September 28 at Trinity United. A Potluck supper is planned, beginning at 5:30 for 6:00. All men of Trinity United are invited to attend. Come and nourish the seed! Further information may be obtained by phoning Bill at 226 430 2267 or email wgbutt@eastlink.ca.



Coming Up at Five Oaks (a United Church Retreat Centre near Paris, Ontario)

Painting for the Soul (July 18 to 21) -- An introductory 4-Day painting workshop with Ella Balkwill. Your creative days will be on the instruction of using cold wax and oil paint for the many techniques and applications of this rich and freeing medium. Stay overnight and create your own retreat!

Seeking Transformation Retreat (September 30-October 2) -- Are you interesting in learning more about the work of reconciliation in a supportive environment? The Seeking Transformation Retreat provides an opportunity for Christian Settlers to confront the longstanding history of European Christians/Christianity harming Indigenous peoples, exemplified in Church participation in Residential Schools, and then to envision and work towards a different future.

For more information or to register check out: <https://fiveoaks.on.ca/>

Our next **Pews News** deadline is August 21, and since it will be **Back to School** time, we invite our TUC children to submit their favourite 'Back to School' jokes and riddles. Please submit to Donna at donnatuc@wightman.ca

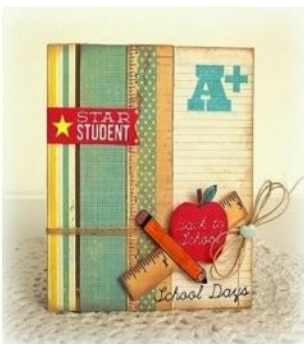


...but don't forget about supporting Trinity!! Contact Catherine to add some gift cards to your weekly summer grocery shopping routine, your road trip gas fill up or your iced coffee addiction. So easy to give back without giving up more time or money. Email aarc4@wightman.ca or call 519-292-6383.

For September issue of *Pews News*!

Interesting pictures of, or articles about, your summer vacation. Swimming with dolphins? At the zoo with the kangaroo? Fluttering with butterflies at the Conservatory?

Please submit articles or pictures to donnatuc@wightman.ca



School Days! School Days! Dear Old Golden Rule Days!

Calling out to our Trinity Seniors! Describe your first day of school. Do you still have one of your old report cards? What games did you play at recess? Describe your favourite teacher. Call Donna at 519-291-3460, or Kathy at 519-291-6312, and we will help you get your article ready for the September issue of *Pews News*!

Report of Stewardship and Finance

In May, givings continued to be strong with total givings of \$10,601 which is \$3,201 over plan for the month.

Trinity Treasures, the on-line component of the Rummage Sale had revenues of \$2,060. In total, the 2 ventures generated revenues of \$6,500. Consistent with past practice, 25% of this total, or \$1,554, was contributed to Mission and Service.

Expenses were generally in line with the budget with total May expenses being \$22,876. Strong revenues of \$24,778 generated a surplus of \$1,902 for the month of May. This reduced the year-to-date shortfall to \$14,374. This shortfall position is largely due to the \$10,829 insurance expense that carried forward from 2021.

As we head into the summer months, revenues generally fall off as members of the congregation are away on vacations. Many expenses at Trinity continue. If you are able, we hope that you will continue your financial support for Trinity over the summer months either through one-time contributions dropped off at the church or through Interac transfers (use this link Trinitydonations@wightman.ca).

Automated transfers (or P.A.R.) allow you to make regular monthly contributions to the church even when you are away from Listowel. Contact the church office to arrange an automated contribution or to increase the amount that you are contributing to the church each month.

Thank you for your financial support.

VBS 2022



Atwood United and Atwood Presbyterian are offering Vacation Bible School - Remix.

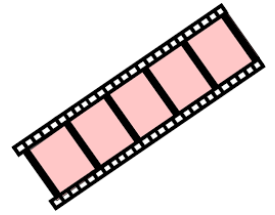
Instead of the usual week-long gathering, we are once again breaking it up into multiple days scattered throughout the summer with some events planned as family events.

This year we are offering **2 movie nights** to be held in the parking lot of Atwood Presbyterian. These dates are:

July 29 - 'Wall-E'

August 26 - 'Fly Away Home'

The movies will begin at dusk.



Bring your own snacks, chairs, blankets... In the event of bad weather, we will move inside at Atwood Presbyterian (140 Monument Road).

Car Rally - July 10

Meet at Atwood Presbyterian at 2:30 ready for an adventure. Snacks will be served back at Atwood Presbyterian at the conclusion of the rally.



Activity and Creative Time - August 17

Lion's Park Pavilion, Atwood

9:30 a.m. - 12 p.m.

"All God's Creatures"



With crafts and games, stories and activities, we will explore God's love for all critters great and small. Open to all kids ages 3 and up (3-5 year olds require a parent/guardian present). Register at <https://forms.gle/LWHR9ciePasnvvRu8> by Tuesday, August 9 so we know how many kids and what ages to be ready for.

For more information contact,
Atwood Presbyterian (519-356-2551) or Atwood United (519-356-2882)

Thank you so much for the donations! I was able to put a few of the items out right away (chips, flour, cheese wiz, etc) and they were quickly snapped up 😊

Thank you so much. Every little bit helps and is appreciated.

Carolyn Saunders

Food Bank Coordinator

The Salvation Army - Listowel



Answer: They eat whatever bugs them!!!!



A reminder that there will not be an issue of the PEWS NEWS at the end of July. Your next issue will be around August 31st.... Donna will be in the office regular hours during the month of July, August 3, 10, 18, 24, 29 and 31.

Please feel free to leave a message on the phone, or send an email.



Laughter Lifts Us Up - Canada Day Humour for the Summer



Why did the Canada goose run onto the soccer field? – Because the referee called a foul.

Why did the paddle get a cellphone? - It loved kayaking all the time.

Where do monsters go swimming? – At the wreck centre.

Why did the zombie go to Canada's Wonderland? – Because it has great roller ghosters.

What kind of spider lives in the CN Tower? - The Toronto.

Where did Ogopogo go on vacation? – Lake Eerie.

Why is the Bay of Fundy so clean? – Because of the Tide.

Which province is frightening? – Onscareio!

Where does the river always trip? - Niagara Falls!

There were 12 pieces of pie, but 13 provinces and territories. Who didn't get a piece? - Nunavut.



50 FUN Summer Activities

- | | |
|----------------------------|-----------------------------|
| 1. Ride a bike | 26. Water balloon fight |
| 2. Go rollerskating | 27. Sidewalk chalk |
| 3. Have a picnic | 28. Go camping |
| 4. Go bowling | 29. Watch a movie |
| 5. Visit the library | 30. Play hopscotch |
| 6. Go to a museum | 31. Make a craft |
| 7. Fly a kite | 32. Play dress up |
| 8. Go to the park | 33. Water gun fight |
| 9. Have a lemonade stand | 34. Go to the lake |
| 10. Play in the sprinklers | 35. Eat ice cream |
| 11. Go to the beach | 36. Climb a tree |
| 12. Bake cookies | 37. Have a race |
| 13. Dance, dance, dance | 38. Make an obstacle course |
| 14. Visit the fair | 39. Go to the zoo |
| 15. Go fishing | 40. Visit the aquarium |
| 16. Visit a friend | 41. Help a neighbor |
| 17. Play frisbee | 42. Go hiking |
| 18. Blow bubbles | 43. Make go carts |
| 19. Jump rope | 44. Visit a water park |
| 20. Play baseball | 45. Sing a song |
| 21. Plant a garden | 46. Roll down a hill |
| 22. Go to the pool | 47. Bird watch |
| 23. Wash the car | 48. Look for bugs |
| 24. Water the plants | 49. Take pictures |
| 25. Draw a picture | 50. Go to a BBQ |

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WEDNESDAY, JUNE 15, 1977

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PRESENTATION TO HISTORICAL SOCIETY—Members of Unit 6, Trinity United Church, UCW, Listowel presented a large assortment of pictures, clippings and church related items to the Perth Queen's Bush Historical Society on June 13. The articles had been compiled by the unit members for the 50th Anniversary of the United Church of Canada in June of 1975. Pictured above following the presentation

are Mrs. Norah Retzler, left who has been among those instrumental in establishing a local archives; Listowel Reeve Elsie Karges, a member of the Listowel board and Mrs. Joan Carnahan, Unit 6 president. During the past month the society changed its name from Listowel Area Archives to Perth Queen's Bush Historical Society with their new motto "Don't Throw It Out, Throw It Our Way".